

Adult Learning

Computer courses



**Computers for the
Absolute Beginner -
An Introduction to IT
FREE COURSE
Tuesday 3rd November
2026
9 weeks
10:00 am – 12:00 pm
Penrith Library**

This course is designed for those absolute beginners who want an introduction to using digital devices. Learn to understand the terminology, what are input and output devices, how to create folders and store documents. Be able to create, edit, save and print simple documents using Word and Excel. Be able to navigate your way safely around the internet and how to send an email.

ENROL NOW!

To book a place please visit our website at: adultlearningcumbria.org. Search under the heading 'Digital Skills'. You can then complete an online enrolment form. Or speak to one of the Penrith Adult Learning Team on

07468709606 or email

penrithadultlearning@westmorlandandfurness.gov.uk



Westmorland
& Furness
Council

Working for Cumberland Council and
Westmorland & Furness Council